



Teens P.A.C.T.
Positive Actions and Choices for Teens



Contact Person: _____ Title: _____

Organization/Youth Program: _____

Address: _____

Phone: _____ Fax: _____ Email: _____

The workshops are designed specifically for teens and can be presented by Teen PACT Health Educators or Peer Educators (teens). Peer led workshops are available only after 3:30pm.

There are three ways to go about requesting presentations. You may request one of our two workshop series, sign up for individual presentations or do a combination of both. Individual presentation topics are listed on the next page.

We highly recommend one of the following series of workshops. Research has shown that the longer the curriculum is the greater the impact it has. We also feel that, at minimum, the 5 sessions in Series 2 make for the complete basic overview of key issues and skills in sexual and reproductive health that all youth should know.

Series 1: The full 10-12 session curriculum which covers all the topics on the next page.

Series 2: The following 5 sessions: Sexual Values, Decision Making and Communication, Abstinence, Contraceptives and Safer Sex, STDs and HIV/AIDS, and Healthy and Unhealthy Relationships.

For Prompt responses to your requests, please mail or fax this completed form (*both sides*) to the appropriate site. Feel free to contact us with any questions.

Brooklyn Teens **P.A.C.T.**
Attn: Michele Perlman
260 Broadway, 3rd Floor
Brooklyn, NY 11211
Phone: 718-387-7341
Fax: 718-387-6895

Harlem Teens **P.A.C.T.**
Attn: Michele Perlman
81 West 115th Street
New York, New York 10026
Phone: 212-426-0088, X-201
Fax: 212-426-8367

Please allow at least 2 weeks notice for all workshop requests

To request a workshop series or individual workshops simply fill in the date requested, time, site and number and ages of youth next to the desired workshop or series.

Topics	Date Requested	Time	Site of Workshop	Number of youth and age range
1) Series 1 (3-14 below)				
2) Series 2 (8, 9, 12, 13, and 14 below)				
3) Self-Assessment and Values				
4) Self-esteem and Body Image				
5) Goal Setting/Future Planning				
6) Cultural Diversity, Sensitivity, and Stereotyping				
7) Peer Pressure				
8) Sexual Values, Decision Making and Communication				
9) Teen Relationships: Healthy vs Unhealthy				
10) Sexuality, Sexual Orientation and Gender				
11) Adolescent Development and Reproductive Health				
12) HIV/AIDS				
13) Sexually Transmitted Infections				
14) Abstinence, Contraceptives and Safer Sex				

We also can provide the following workshops or other topics tailored to your group's needs which are not listed here, if we are given advanced notice:

Topics	Date Requested	Time	Site of Workshop	Number of youth and age range
Conflict Resolution				
Teen Pregnancy and Pregnancy options				
Others: _____				

Please allow at least 2 weeks notice for all workshop requests

Thank you and we look forward to working with you!